



BASKETBALL GUYS

***Basketball Guys* is a video in RFSU's "Do you want to?" series. Through several short films, we want to open up conversations about sexuality, communication and boundaries. The aim is to prevent harassment, abuse and sexual violence, and to promote mutual consent.**

Focus: Sex, communication and interaction

In *Basketball Guys* we highlight communication and interaction during sex. The video shows how things can go when two people want different things, but are able to intuit and read one another's signals. The participants have the chance to discuss how to understand what someone does or does not want in a sexual situation, and how to show what you do or do not want yourself.

You can add another video, *A Night at Home*, to this workshop. In *A Night at Home* we highlight a lack of communication and interaction during sex. The video shows two people who want different things. One crosses the other person's boundaries. If you show these two videos straight after one another, be sure to choose the discussion questions with care, so that you avoid repetition.

Implementation

First watch the video and then discuss what you saw together. Feel free to use the exercises and discussion questions below, but allow the focus to be on the participants' thoughts on the video.

TIPS!

- If it is easy for the group to hold a well-flowing conversation, then ask the questions directly to the group.
- If the group is large, quiet, or if some people tend to dominate, it may be better to have participants discuss in smaller groups.
- You can also use sticky notes on which participants can write down their responses alone or in small groups.
- Keep in mind that the participants may interpret and perceive the videos differently, sometimes because they are reminded of their own experiences.
- Because *Basketball Guys* depicts a same-sex couple, the discussion tends to revolve around that. Be clear that the point is to talk about **the interaction**, which is not affected by the sexuality of the characters.



Discussion questions

- One of the guys notices that the other does not want to kiss. How does he notice this?
- In the video, one of the guys says, “Maybe you don’t really feel like it?” Can you come up with more things that you can say or do if you notice that the other person does not want to?
- At the end of the video, the guys start kissing again. What do they do to show that they want to do that?
- Can you come up with some other/more ways someone could show that they want to make out or have sex? (**Make a list** with a column for both **Yes** and **No signals**. Write down the suggestions that come up under the respective column.)
- What can you do if you are unsure of what someone wants?

Emphasize that a **lack of Yes-signals is always a No-signal**. And that if you are not sure or if you are not getting any clear Yes-signals, then it is important to stop and ask. Mutual consent and communication should both be present the entire time: before, during and after sex.

Extended discussion

Desire can come and go. A person may be in the mood to do one thing but not another, and timing is important. It does not matter if someone has had sex before or if this is the first time: everyone always has the right to change their mind.

- The guys seem to have had contact before – what do you think they think will happen when they see each other in reality?
- What can you do if there is an expectation to make out or have sex, but you do not feel like it?
- What can you do to show that you have changed your mind/no longer want to have sex, or feel like doing something else?

We recommend showing and discussing **all of the videos** because together, they provide a deeper understanding and knowledge about mutual consent and communication. Each video is about two–three minutes long. In Overview **Do You Want To?** which you can find at rfsu.se/villdu, you can read more about the order in which it is best to watch the videos, the estimated time and what themes each video addresses.

